

# **BRIGHTON PARK NEIGHBORHOOD NETWORK COMMUNITY RESOURCE GUIDE**

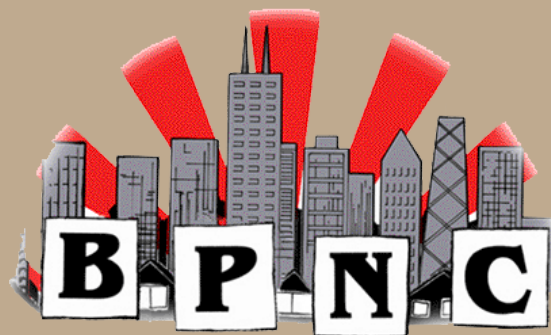


# WHO IS THE BPNN?

The Brighton Park Neighborhood Network (BPNN) seeks to build the capacity of our community to dramatically improve outcomes for every resident by providing comprehensive support in education, health, and employment.

This resource guide offers an overview of the services that our BPNN member organizations provide, as well as information on how to connect with these services and supports.

Resources are broken down into the following categories:  
**Education, Medical Care, Mental Health and Emotional Well-Being, Youth Violence Prevention, Financial Support and Public Benefits Enrollment, and Job Training and Employment.**



# EDUCATION

## After School Matters

Provides after-school and summer program opportunities to Chicago high school teens. Chicago Teens participate in high quality, hands-on, project-based apprenticeship and internship programs in a variety of content areas, including the arts, communications and leadership, sports, and STEM. Eligible teens receive stipends for completion of program requirements.

### **Contact**

Please call 312-742-4182. \*Service providers may send referrals via NowPow.

## Brighton Park Neighborhood Council - Community Schools

Provides structured educational and enrichment activities for children and teens, including homework and studying help, through its after-school programs. Additionally offers English as a Second Language (ESL) and high school equivalency classes and testing for adults. Services are free.

### **Contact**

Please contact Maricela Bautista at 773-523-7110. \*Service providers may send referrals via NowPow.

## Center for Independence Through Conductive Education

Provides group-based intensive motor training programs for children and adolescents with Cerebral Palsy and other physical disabilities. Additionally offers a range of support programs including sibling support groups, parent education nights, home-visit training programs, educational advocacy, medical advocacy, and comprehensive case management services. Programming is also available for young adults ages 18-25, with a focus on socialization skills, activities of daily life, community integration, and vocational training. Services are provided to individuals who are insured and uninsured, regardless of ability to pay. The Center has a Brighton Park location at 2701 W. 36th Place.

### **Contact**

Please call 708-588-0833 or email [hello@CFImove.org](mailto:hello@CFImove.org). You may also visit <https://www.cfimove.org> for additional information.

# EDUCATION

## Gads Hill Center- Brighton Park

Provides home-based early childhood education and developmental screenings for families with children up to age 5. Center-based early childhood education and parent resources are also offered at the new Early Learning Center. Services are free.

Gads Hill Center-Brighton Park is located at 4234-6 S. Archer Ave.

### *Contact*

Please call 773-269-6586.

## Metropolitan Family Services - Learning and Wellness Center

Provides center-based early childhood education for families with children up to age 5.

The center is located at 5338 S. Loomis Blvd. Services are free.

### *Contact*

Please call 773-535-0101.

# MEDICAL CARE

## ACCESS Community Health

Provides full primary health care services, OB/GYN, and low-cost breast and cervical screening. All patients are welcome, regardless of insurance status. Patients without the ability to pay will not be denied services.

### *Contact*

- **Ashland Family Health Center**, 5159 S. Ashland Ave., 773-434-9216
- **Cabrini Family Health Center**, 3450 S. Archer Ave., 773-523-1000
- **Kedzie Family Health Center**, 3229-43 W. 47th Pl., 773-254-6044
- **Southwest Family Health Center**, 4839 W. 47th St., 773-735-2345

# MEDICAL CARE

## Cook County Health and Hospitals System

Provides a range of primary, specialty, and emergency medical care. Services are provided regardless of ability to pay.

### *Contact*

Please visit <https://cookcountyhealth.org/about/contact-us/> or call 312-864-6000 to be directed to the appropriate non-emergency medical service.

## Devices 4 the Disabled

Provides free, gently used durable medical and mobility equipment, including wheelchairs, lifts, and hospital beds, to individuals and families in need.

### *Contact*

Please call 773-870-1553 or visit <https://devices4thedisabled.org/request-equipment/> to request equipment.

## Esperanza Health Centers

Provides primary care, OB/GYN, and behavioral health services, regardless of insurance status and ability to pay.

### *Contact*

Esperanza's Brighton Park location is located at 4700 S. California Ave. Please call 773-584-6200.

## Sinai Health System

Provides a range of primary, specialty, and emergency medical care.

### *Contact*

Please visit <https://www.sinai.org> or call 773-542-2000 to be directed to the appropriate non-emergency medical service.

## UI Health Davis Health and Wellness Center

This community health center is located at Nathan S. Davis Elementary School and offers services to both Davis Elementary School students and members of the community. Offers primary care, dental screenings, vision screenings, and behavioral health services.

### *Contact*

Please call 773-376-8008.

# MENTAL HEALTH

## Brighton Park Neighborhood Council - Clinical Services

Offers school-based counseling to address students' mental health needs at six schools in Brighton Park (Brighton Park Elementary School, Burroughs Elementary School, Davis Elementary School, Shields Elementary School, Shields Middle School, and Thomas Kelly College Preparatory).

### *Contact*

Please contact Veronica Ortiz at 773-558-3353 or [vortiz@bpncchicago.org](mailto:vortiz@bpncchicago.org). \*Service providers may send referrals via NowPow.

## Centro Sanar at Port Ministries

Provides free, bilingual (Spanish and English) individual and couples mental health therapy and case management to adults. Additionally offers group support, including group support for individuals who are experiencing grief and loss and a Spanish Dialectical Behavior Therapy (DBT) group that teaches skills for managing difficult emotions.

### *Contact*

Please call 224-788-7201 or email [intake@centrosanar.org](mailto:intake@centrosanar.org).

## Heartland Alliance - Violence Recovery Services

Provides free, bilingual (Spanish and English) case management, individual, and family counseling for adult and child survivors of domestic violence, teen dating violence, and sexual violence.

### *Contact*

Please call Stephanie Gaspar-Hernandez at 312-720-0427. \*Service providers may send referrals via NowPow.

## Metropolitan Family Services- Learning and Wellness Center

Provides one-on-one counseling for individuals who have experienced domestic violence. Services are free.

### *Contact*

Please call 773-535-0101.

# MENTAL HEALTH

## Midwest Asian Health Association

Provides individual mental health therapy in English, Cantonese, and Mandarin. Serves individuals who are insured and uninsured. A sliding fee scale is available for individuals who are uninsured.

### *Contact*

Please call 312-285-2287 or email [intake@maha-us.org](mailto:intake@maha-us.org).

## Mujeres Latinas en Acción

Offers free, bilingual (Spanish and English) counseling for survivors of domestic violence and sexual assault.

### *Contact*

Please call 773-890-8620 to reach their Brighton Park office location, housed within Esperanza Health Centers at 4700 S. California Ave. If needing to connect with their Crisis Hotline, please call 312-738-5358.



# MENTAL HEALTH

## Riveredge Hospital

Offers inpatient and outpatient mental health services to children and adolescents, as well as inpatient and intensive outpatient mental health services for adults. Accepts most types of insurance and may also provide financial assistance to individuals who are eligible.

### *Contact*

Located in Forest Park. Please call 708-771-7000.

## Sinai Health System

Provides bilingual (Spanish and English) inpatient and outpatient mental health services for adults, including mental health assessments, case management, psychiatry services, and individual, family, and group therapy. Additionally offers bilingual (Spanish and English) mental health therapy and psychiatry services for children and adolescents through the Under the Rainbow program.

### *Contact*

Please call 773-257-2500 for adult services and 773-257-4750 for the Under the Rainbow program.

## Saint Anthony Hospital: Community Wellness Program

Provides free, bilingual (Spanish and English) individual and group mental health therapy for uninsured and underinsured adults and adolescents. They additionally provide therapeutic family support services, including individual and group parenting support and couples and family therapy.

### *Contact*

Please call 773-523-5079. \*Service providers may send referrals via NowPow.



# YOUTH VIOLENCE PREVENTION

## New Life Centers of Chicagoland

Provides mentoring and group programming to youth (ages 12-24) who are at risk of becoming involved in the criminal justice system. Group programming includes trauma-informed peace circles, adventure play therapy, cognitive behavioral therapy, and sports-based programming. They also offer a pop-up food pantry at New Life Church at 4155 S. Rockwell St. on Tuesdays from 4:30-6:30pm.

### *Contact*

Please call 773-277-8810 for mentoring and group programming. For information about the food pantry, please call 312-736-2466. \*Service providers may send referrals via NowPow.

# FINANCIAL SUPPORT

## Brighton Park Neighborhood Council - Financial Services

Offers financial coaching, rental counseling, eviction and foreclosure prevention support, and counseling for home buyers.

### *Contact*

Please call 773-523-7110. \*Service providers may send referrals via NowPow.

## Brighton Park Neighborhood Council - Success and Stability Program

Provides comprehensive case management services and financial coaching to help families at risk of homelessness find stable housing and increase financial stability.

### *Contact*

Please call 773-492-0990. \*Service providers may send referrals via NowPow.

# FINANCIAL SUPPORT

## Brighton Park Neighborhood Council - Public Benefits Enrollment

Offers support applying for health insurance benefits and the Supplemental Nutrition Assistance Program (SNAP). Additionally assists eligible households in reconnecting or paying for gas, propane, electricity, and/or water through the Low Income Home Energy Assistance Program (LIHEAP).

### *Contact*

Please call 773-523-7110. \*Service providers may send referrals via NowPow.

## Ladder Up

Offers free tax preparation services, financial coaching, and assistance completing the Free Application for Federal Student Aid (FAFSA) college financial aid application. Can also assist taxpayers in applying for and renewing an Individual Taxpayer Identification Number (ITIN). Offers a Legal Tax Clinic for low-income individuals and families who have a controversy with the IRS or Illinois Department of Revenue.

### *Contact*

Please call 312-409-1555. \*Service providers may send referrals via NowPow.

## Greater Chicago Food Depository

Provides assistance with applying for Medicaid insurance benefits and the Supplemental Nutrition Assistance Program (SNAP). Can also help individuals determine whether they may be eligible for Women, Infants and Children (WIC) benefits, the Low Income Home Energy Assistance Program (LIHEAP), and tax credits (EITC).

### *Contact*

Please call the Benefits Hotline at 773-843-5416.

## Midwest Asian Health Association

Provides assistance to help people learn about and apply for their health insurance options.

### *Contact*

Please call Ying Liu (Kelly) Zhen at 312-225-8659 or 312-225-6806, or email [kellyzhen@maha-us.org](mailto:kellyzhen@maha-us.org).

# FINANCIAL SUPPORT

## Sinai Community Institute

Provides assistance completing applications for the Women, Infants and Children (WIC) supplemental nutrition assistance program. Is also distributing baby formula, baby food, diapers, and wipes to support families impacted by the COVID-19 pandemic.

### *Contact*

For WIC assistance, please call 773-257-6216. For more information about baby care item distribution, please call Share Our Space at 312-877-5884. \*Service providers may send referrals via NowPow.

# JOB TRAINING & EMPLOYMENT

## Greater Chicago Food Depository

Offers free training programs for adults that prepare them for careers in customer service and culinary jobs.

### *Contact*

Please call 773-247-3663. \*Service providers may send referrals via NowPow.

## Mujeres Latinas en Acción

Offers Empresarias del Futuro, an educational training program in Spanish for women interested in beginning or expanding their small business.

### *Contact*

Please call their Brighton Park office location at 773-890-8620.

## **PODER**

Provides one-on-one job counseling for individuals who are searching for employment or interested in learning new skills that will help them find a job. Additionally offers training programs including English as a Second Language (ESL) classes, customer service training, and programs that prepare individuals for careers in banking and insurance sales. All services are free.

### ***Contact***

For one-on-one job counseling, please call Marc Smierciak at 773-362-1073. For training programs, please call 312-226-2002. \*Service providers may send referrals via NowPow.

## **Working Together Chicago**

A program of Center for Independence Through Conductive Education, Working Together Chicago provides employment support for young adults with disabilities. Services include employment development and placement, short-term job coaching, and long-term mentoring.

### ***Contact***

Please call 312-995-3302 or 708-588-0833. You may also visit <https://workingtogetherchicago.org> for additional information.